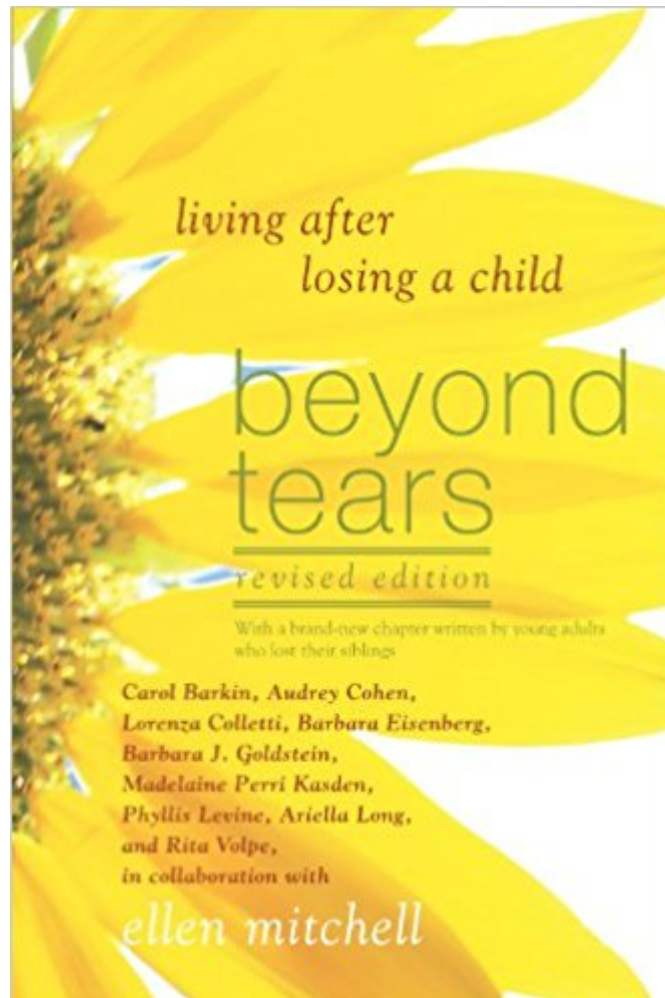




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Beyond Tears: Living After Losing A Child, Revised Edition



Synopsis

Meant to comfort and give direction to bereaved parents, *Beyond Tears* is written by nine mothers who have each lost a child. This revised edition includes a new chapter written from the perspective of surviving siblings. The death of a child is that unimaginable loss no parent ever expects to face. In *Beyond Tears*, nine mothers share their individual stories of how to survive in the darkest hour. They candidly share with other bereaved parents what to expect in the first year and long beyond: *Harmonious relationships can become strained* There is a new definition of what one considers "normal" *The question "how many children do you have?" can be devastating* Mothers and fathers mourn and cope differently *Surviving siblings grieve and suffer as well* There simply is no answer to the question "why?" This sharing in itself is a catharsis and because each of these mothers lost her child at least seven years ago, she is in a unique position to provide perspective on what newly bereaved parents can expect to feel. The mothers of *Beyond Tears* offer reassurance that the clouds of grief do lessen with time and that grieving parents will find a way to live, and even laugh again.

Book Information

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Customer Reviews

“[An] eloquent volume | Bereaved parents will find comfort, sympathy and support in this powerful, honest sharing of one of life's most painful experiences.” • Publishers Weekly “The thoughts and feelings related here are incredibly honest and courageous and would greatly assist any parent who has lost a child and feels alone. Highly recommended.” • Library Journal (starred review) “[Beyond Tears] lets readers know that there are

folks out there who have been in their shoes, felt their feelings and learned to live life again. —•
—• The Plain Dealer (Cleveland)

The book was written by Ellen Mitchell, who has a regular weekend column in Newsday, together with a group of nine mothers who each have lost a child: Carol Barkin, Audrey Cohen, Lorenza Colletti, Barbara Eisenberg, Barbara Goldstein, Madelaine Perri Kasden, Phyllis Levine, Ariella Long, and Rita Volpe.

Words to help heal... this is a book I have. I have given it to several mom's that have also been in need of words to help make sense of the terrible loss of a child.

This book is a wonderful resource for a counsellor or therapist. I gave this to my daughter who is a therapist for her collection. She appreciated it and has used it several times. Arrived in one day.

I bought these for some families in our area who lost their children in a car accident. They said it helped a lot.

I am so sorry for your loss, I don't know what else to say, any book written by parents who have lost a child is helpful, there are far too few.

I saw myself in this book, and I can relate to their experiences. It hits the "nail on the head" in all areas while trying to live day to day, as I too am trying to live after losing my only child. I'm so happy to know that I'm not alone grieving a child in the same ways that only we (grieving mothers) can understand. God Bless!

The book showed how a child's death affects mothers father's and siblings of the lost child. It also gave me hope that I will not always feel as I do since my son Danny passed away, only a month ago. I think it helps to understand that there is no closure but a new normal where I will always remember my son who used

A book about grief written by nine mothers that lost a child. I found it to be depressing that years later some of them had not moved very far along in their grief process. It's only been a few months for us, but the book made me feel even sadder somehow. Less hopeful that things would be better

for us.

Glad I bought this

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